

# TRILLIUM AWAKENING™

CONSCIOUSNESS, EMBODIMENT & MUTUALITY



Newsletter – January 2017 – Issue #6



**Greetings and wishing you all the best in the New Year!**

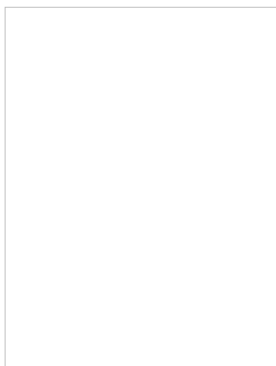
If 2017 is anything like 2016 we are in for a lot of surprises and even some economic and political turbulence as old systems strain to hold things together.

Never before has the need to strengthen our connection to and live from a more unified place of Being been more needed in the world.

Our hope and vision for 2017 and beyond is that we can collectively manifest more profound expressions of embodied awakening and conscious relatedness to serve as a light of hope for all in this sea of conflict and separation.

*Fax Gilbert, Editor*

## Teacher Profile



**Tatini Goler** is involved with this work since 2005 and a teacher since 2008. She lives with her husband Max and dog Ollie in Lafayette, Colorado. At this time she serves the organization through the Operations Circle, teaching and guiding students, and working to ground the new direction of Trillium

Awakening.

**Fax:** What was it you were seeking that eventually led you to this work?

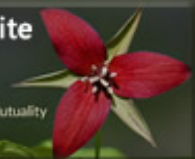
**Tatini:** When I was around 26 or 27 and living and working in Munich, my boss at the time gave me a



**Trillium Awakening** is a unique offering to the world, with well over 40 awakened teachers, 20 awakened mentors, workshops/retreats and sittings, community and online mutuality groups, and a shared manifesto and mission for catalyzing awakening for individuals, society, and the world.

**Visit Our Website**

Trillium Awakening™  
Supporting a Threefold Path of  
Consciousness, Embodiment & Mutuality



## Mentor/Teacher Transitions

### Congratulations!

#### David Bishop

born in the US, living in Norway, is now a new mentor.

#### Subhaga Bacon

from Twisp, WA, is now a new interning teacher.

## Upcoming Events

**Maui, HI**

book titled "Who Am I?" This book was written by a woman who was trying to find herself outside the identities of marriage and status. The book awakened in me a desire to know who I am outside of my relationship. At the time, I knew myself as a dental assistant, and a girlfriend, and so on. The message of the book led me to end my relationship and my job and start a new adventure in America.

I became involved with the spiritual mystic Osho for a number of years, then dipped into various practices and teachings-- e.g. Shamanism, Advaita, Byron Katie and self-expression through singing from soul and 5-Rhythms dancing.

My very first Osho discourse on audio tape impacted me deeply: A Zen master was asked "What is the greatest miracle?" His answer, "To be alone and not lonely." Being raised Catholic and rejecting Catholicism, I loved the Buddhist teaching that the light is inside, that I'm fundamentally good, and I just have to look inside to find that goodness.

Around the end of 2004 I came across Waking Down and attended Sanieel and Linda's "Tantra of Trust" workshop in February of 2005. I found I agreed with all the precepts. Most significantly, though, it was the way I was received by Sanieel and Linda--a bodily initiation. During the workshop I was held with no judgment, and the impact of the greenlighting was powerful for me.

I spent time working with Sanieel and Linda and also with the other teachers in the Bay Area. It was good timing: Sanieel offered a three and a nine month intensive which I attended and lots of sittings with him and Linda and also the other local teachers. Six months later I had my second birth. In a session with Linda--I was on the couch with my head in her lap--it just came to me: I want to be a teacher of this process. I expressed it and Linda was very excited and supportive.

**Fax:** What have you discovered to be your strengths and your challenges in being a Teacher the past 8 years?

**Tatini:** I am a very practically oriented person, and in sessions I love to "go deep" and penetrate into all the aspects of a person's story as they arise in the moment. I had to learn to trust my intuition and learned the delicate dance of holding folks in deep listening and more active pointing with words I speak. I learned to trust my being's movement towards interrupting someone in their story to invite them to sense what else is there and to notice how what they say feels in the body. That was a big deal because there is always a risk of upsetting the other when interrupting their flow of words. I feel like I'm helping clean the dust from the diamond that is their many-faceted nature - so it can sparkle. I am drawn to do

February 2-5, 2017

Teachers: Allan Morelock & Gena Netten

*"An Immersion in the Sensibility of Surrender"*

[more info](#)

## Chicago, IL

March 4-5, 2017

Teachers: Fax & Sharon Gilbert

*"Love and Trust: Finding Truth in a Polarizing World"*

[more info](#)

## Olympia, WA

June 3-4, 2017

Teachers: Max & Tatini Goler

*"Trillium Awakening Immersion - Surrendering into Present Moment Awareness "*

[more info](#)

## Pattaya, Thailand

**Sign up now and save:**

**2nd Bird Rate**

**ends February 15**

August 13-21, 2017

Residential

Teachers: Rod Taylor, Fax & Sharon Gilbert

*"An Awakened Retreat - Living and Evolving in Whole-Being Awakened Life"*

[more info](#)

## Virtual Events

### Virtual Sitting with Victor

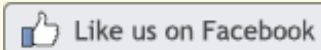
Monday, January 9, 12 & 6 pm PT

[more info](#)

### Virtual Sitting with Joanne

Sunday, February 5, 10 am PT

[more info](#)

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this discovery work for myself, getting to know my unconscious patterns and filters and opening them up so that Being force can "take over" so to speak.

It is humbling work because the more I learn to be out of the way the more I can assist folks. I've also realized that I am more of a midwife than a teacher. I feel I live our dharma and can talk about it quite articulately, but my heart's fulfillment is to work deeply with people one-on-one in the unveiling of their authentic self.

A challenge has been the money question: how to make enough money to live. Ideally, I would like to spend much of my time teaching, but I don't like marketing my spiritual work and also don't want to be dependent on the income from it so that the teacher/student relationship stays clean on that level.

That is why I'm training now to be a nurse's aide, so that I can do that to make a living and I can be authentic in my role as a teacher and not be political in any way in order to hold onto a student or try to fill workshops to support myself. That work will involve helping others in very practical, literally hands-on ways-washing them, feeding them, etc.

**Fax:** It seems you have always been drawn to service. For instance, the many ways you volunteer your time in support of the Trillium Awakening Teacher Circle. Service seems to be a big part of who you are.

**Tatini:** I don't think about it in those terms, like I'm setting out to do service. It's like breathing to me. It is where Being force flows and I am finding myself fulfilled. And I love this dharma and my teacher colleagues and how we work together. It is as much my personal continuing education on all levels practical and spiritual, as it is a service that I am giving out of what comes naturally to me.

**Fax:** You also volunteer several hours a week as a hospice volunteer. What motivated you to be with others in this way?

**Tatini:** In understanding the nature of "who am I", the reality of the loss of this physical body draws me. It always has, but since my 50th birthday, I feel I am going towards death, down the hill, rather than having a life ahead of me, or going uphill. I am volunteering in Hospice so that I can be very close to death, be impacted by death. I want to breath in death so I can get it as much as it can be gotten without dying myself. I want to make peace with death and face my fears about it.

I am observing that dying seems to be as much hard work as birthing. I am getting that the part of me that doesn't die exists separate from the body. This deepening into my unmanifest nature is a great gift and I am surrendering more and more to being with

folks on the spirit level. Sitting still, doing nothing (maybe singing a healing song if it feels right), trusting that I am having a healing impact on a dimension that is not physical, which is quite different from what I thought it would be: more hands-on in terms of literally touching people and having conversations with people.

**Fax:** You have also been serving as a member of the Trillium Operations Circle, using the principles of Holacracy, for some time...

**Tatini:** I love being a member of the Operations Circle. I am very aligned with the foundation principles of Holacracy-sensing into current tensions we're feeling within the organization and finding the next actions to address the tensions, rather than operating on the usual "predict and control" basis. Our cultural influences are so much about security, gain, and long term planning. What I am learning from the "no predict and control" principle is that all I need to do is to tune into the present moment and feel what arises as the next immediate expression of Being.

Living in the NOW used to be exclusively associated for me with emptiness along the lines of Zen teachings. Now, eleven years after I landed in my body, (which was what my second birth felt like: "Now I am here"), I am living in a very full, alive NOW. And how relaxing it is to have to know only the next moment!

**Fax:** Given that you are most comfortable focused on the present, do you have a feeling for the direction of Trillium Awakening going forward?

**Tatini:** The organization as a whole has a next moment that will emerge naturally, organically in alignment with Being - I trust that. There are a few areas of tension in the current form where I/we can feel a new expression wanting to come through. This feels very alive and sacred to me. I feel happy to be part of our collective teacher circle and look forward to our work together to birth the next expression. I continually deepen into the Trillium Awakening dharma as it evolves moment to moment for me individually and for us as a collective.

**Fax:** Thank you Tatini!

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