

Newsletter - June 2020 - Issue #31

Trillium's New Virtual Offerings

Gena Netten, Marketing Coordinator a n d Virtual Programs Manager for the Trillium Awakening Operations Circle, has spearheaded the development of a wide range of new offerings that allow for at-home engagement in our work.



Since the program's inception two months ago, participation has increased from just three to four sittings per month to a variety of 50 events per month. Gena feels that this creative emergence of new programs is part of a global transformation to catalyze awakening and transformation. Her interview will appear in our next newsletter. The following is a list of these programs, followed by the names of the many volunteers who have assisted Gena in their creation, development, and promotion.

~Fax Gilbert, Editor

Introductory Video Series:

Eight short videos that introduce key aspects of Trillium Awakening: Consciousness, Embodiment, Mutuality, Transmission, Greenlighting, Core Paradox, Whole-Being Realization, and Sittings.

Peer-led Virtual Gazing: Hour-long sessions that include brief meditation, mutual gazing, and checkins. Sundays, Tuesdays, Wednesdays, Thursdays, and Fridays. <u>Donations welcome</u>.

Teacher-led Virtual Meditations: Guided introduction followed by 20-minute silent



Announcements & Upcoming Events

Subhaga Releases a New Book of Poems

Trillium teacher a n d newsletter graphic designer Subhaga Crystal Bacon is pleased to announce her new collection of poems titled Blue Hunger.



<u>Pre-order</u> your signed copy now.

Cover art is by Trillium teacher Sugandhi Katharine Barnes.

Read some of Subhaga's <u>poems</u> or join her for a <u>live reading</u> on Facebook on June 12.

Virtual Sitting

Living Betwixt and Between Teachers: Cielle Backstrom & Sanji Hills 6/7/2020 10am - 12pm PST more info meditation, and invocation for planetary transformation and healing. Sundays, Mondays,, Tuesdays, Thursdays, and Fridays.

Donations welcome.

<u>Mutuality</u> <u>Café</u>: Mentor-facilitated mutuality circles with participant shares. Limited to 8. Mondays, Wednesdays, and Fridays. Donations welcome.

Virtual Introductions to Trillium Awakening:

Live introduction by Trillium teachers. A great way to check out our work. Offered every other month. Donations welcome.

Virtual Sittings

Led by Trillium teachers, virtual sittings last two hours and include silent meditation, gazing, dharma talks or exploration, and personal sharing time. Suggested donation \$20, though any amount is welcome.

What Participants are saying:

"Since being in quarantine due to Covid-19, I have needed the extra support and connection. Stepping into the container that's provided in a virtual sitting helps me to unravel the difficult emotions I've been experiencing. I always come out the other side feeling more peaceful and whole than I did when I entered."

-Mike J., New Jersey

"The Mutuality Café has captured my enthusiasm. The participants come from all over: Canada, Australia, and many U.S. states, and the connections are so genuine and the sharing so authentic and deep that I am thrilled to make these virtual events part of my routine. I truly get the feeling that the Buddha is the Sangha, and the Coronavirus is moving us forward in the direction of Spirit moving into novelty."

-Maria B., Ontario

Volunteer Staff

We offer thanks and gratitude to these members of our Trillium community who are volunteering their time and talent to bring these virtual offerings to you.



3rd Annual Canadian Rockies Retreat

6/11 - 15, 2020 Virtual Retreat Teachers: Rod Taylor & Ardith Dean more info

Virtual Sitting

All Hearts on Deck:
Body of Love:
Embodied Awakening in Action
Teacher: Margit Bantowsky
6/13/2020 10am - 12:30 pm PDT
more info

Virtual Sitting

Trillium Awakening & Grace Teachers: Fax & Sharon Gilbert 6/14/2020 10am - 12:00 pm PDT more info

Virtual Sitting

Maturing Whole-Being Realization Teachers: Fax & Sharon Gilbert 6/21/2020 10am - 12:00 pm PDT more info

Discovery Course

Teacher: Fax Gilbert 6/24 - 8/19/2020 Time TBA more info

TA Introduction

Teacher: Margit Bantowsky & Kirstin Eventyr 7/12/2020 10am - 12:00pm PDT more info



Trillium Awakening is a unique offering to the world, with 42 teachers, 17 mentors, dozens of workshops, retreats, sittings, inperson and online mutuality groups, and a shared manifesto and mission to catalyze awakening for individuals, society, and the world.



Drew MartinezWebsite Development,
Podcasts, Video Editing

Patrick NewtonVirtual Gazing Program Co-Developer

Gazing Facilitators: Andrew Matthews, Dean Mott, Don Drake, Francesca Blackstock, Jerry Boening, Mike Josephson, Rebecca Reble, Sora Shpack, Stephen Parsons, Susan Spensely, Victor Antillon

Virtual Meditation: Trillium Teachers Allan Morelock, Steve Boggs, Susan Spensely, Victor Antillon, Vivian Coles

Virtual Sittings and Introductory Presentations: Wendy Redfern: Registration,

payment, and email confirmation

Introductory Videos: Drew Martinez: Editing

Marketing: Mike Josephson: Email creation, audio editing. Subhaga and Rebecca Reble: Facebook posts

Volunteers Needed: Can You Help?

- *WordPress assistance: post events on Trillium website (experience with Wordpress)
- *Facebook advertising (experience with FB advertising)
- *Social media: promote social media community post sharing
- *Zoom operations: Zoom hosting (experience with Zoom)
- *Administrative: Workflow processes, scheduling (events and staffing), recordkeeping, recording transcription, various other tasks (administrative experience)

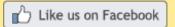
Complete this simple Volunteer Application

Send comments or suggestions for future issues to:

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Awakening happens here.

Join hundreds who've experienced the transformative power of our work.