



Trillium Awakening™

CONSCIOUSNESS • EMBODIMENT • MUTUALITY

Newsletter - March 2020 - Issue #28

The Wisdom of Not Knowing

When thinking drops off as a touchstone - then speaks Clarity, and I worship it.

from "The Radiant Dark Before Dawn"
by Sharon Gilbert



"I don't know what love is." I sobbed the words from my depths during an emotional small group sharing session fifteen years ago. Sharon and I had been "recalibrating" our (at the time) thirty-year marriage, and those words embodied my total frustration with bringing light to the situation.

My confession was a culmination of years of trying to fit our relationship into my romanticized version of what I thought marriage should look like. In surrendering to the reality of not knowing, I was starting fresh, without conceptions or expectations. My realization marked a turning point in our relationship. Our marriage gradually came into a more authentic present, just as it is, not as we thought it should be, and has been deepening from there.

To me, holding the possibility of "not knowing" is fundamental to our whole-being realization path. As we move into living from the core of our being, from the awareness of who we are as an amalgam of both human and divine realities, our relationship with what we think we know begins to reflect this paradox.

We may become more skeptical of our judgments and assumptions, and not participate as wholeheartedly in the mind's familiar characterizations and its need to plan ahead and



Announcements & Upcoming Events

Nonviolent Communication (NVC) & Trillium Awakening

An [interview](#) with Trillium Teacher Laura Foster-May exploring NVC's relationship to our work.

Virtual Sitting

The Role of Trust in Embodied Awakening

Teachers: Cielle & Sanji
3/1/2020 10am - 12pm PST
[more info](#)

TA Introduction

Teachers: Subhaga & Steve
3/8/2020 10am - 12pm PST
[more info](#)

Virtual Sitting

Tantric Roots of Trillium Awakening

Teacher: Joanne Lee
3/8/2020 1pm - 3pm PST
[more info](#)

9-Day In-Residence Core Dharma Retreat & 5-Day Extension

figure things out.

Conversely, we may begin to feel comfort and delight in the felt sense of openness that comes with not knowing - especially in how we relate to the intimate aspects of our being, such as awareness, or truth, or, as in my case, love. A trust grows that more and more of what we need to know and what we need to do will surface as needed.

This is not to discredit our amazing capabilities and the necessity for mindful discrimination - only that it begins to moderate into more of a supporting role in our identity. Our default for what is real begins to move down into the heart and body, where a spontaneous accounting is always available, if you learn to look for it.

The medium of mutuality, employed within ourselves and with others, is our practice for being in the collective field of not knowing, for recognizing sensitivities, and for exploring what is true for us now. It is a gift for catalyzing continued discovery and integration, and is a valuable tool - no matter what degree of awakening we're living.

Fax Gilbert, Editor

Peer-Led Mutuality Circles

Many participants have found our peer-led Mutuality Circles to be a great boon in their engagement in our work, and in exploring that provocative territory between trust in self and trust in others. If you are interested in joining, please sign up on our [website](#).

Free 45-Minute Trillium Teacher Sessions Now Available!

We are now offering free 45-minute sessions for those who wish to jumpstart their awakening process. The sessions are open to those who

- are brand new to Trillium Awakening and would like to learn about this path;
- are new and want to meet the prerequisites to attend a virtual sitting;
- have been following our work for a while, but haven't yet engaged with us;
- have engaged with us in the past, and might like to reignite their involvement.

[Sign up](#) or, if you have questions, please [email](#) us.

Consider A Gift to Trillium Awakening

Our Trillium work brings more light, more compassion, more love, more peace, and more awakening to those who are ready, open, and searching.

Please remember the great gift of Trillium Awakening

3/13 - 22, 2020

Pattaya, Thailand

Teachers: Rod Taylor,
June Konopka, & Ardith Dean
[more info](#)

Virtual Sitting: All Hearts on Deck

Sensing a New Way:
Fundamentals of Awakened
Activism

Teacher: Margit Bantoswky
3/14/2020 10am - 12pm PST
[more info](#)

Virtual Sitting

Spirituality as Everyday Life
Teacher: Joanne Lee
3/15/2020 10am - 12pm PST
[more info](#)

Fairfield Spring Feast of Sittings

5/22 - 25, 2020
Fairfield, IA
Teachers: Sandra Glickman,
Cielle & Jeffrey Backstrom, Fax &
Sharon Gilbert, Steve Boggs, and
Denise Gallagher
[more info](#)

Meeting Grace Halfway: 7th Annual Boulder Retreat

5/28 - 6/1, 2020
Boulder, CO
Teachers: June Konopka, Fax &
Sharon Gilbert
[more info](#)

3rd Annual Canadian Rockies Retreat

6/11 - 15, 2020
Calgary, AB
Teachers: Rod Taylor & Ardith
Dean
[more info](#)

2020 Trillium Transmission Immersion

8/26 - 30, 2020
Breitenbush Hot Springs Retreat
Center, OR
[more info](#)



throughout the year! Make a donation to our Outreach Fund so that we can share our work with more of those who are searching.

Please Give



Send comments or suggestions for future issues to:

fax@lisco.com

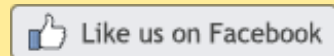
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Trillium Awakening is a unique offering to the world, with 40 teachers, 17 mentors, dozens of workshops, retreats, sittings, in-person and online mutuality groups, and a shared manifesto and mission to catalyze awakening for individuals, society, and the world.



Awakening happens here.

Join hundreds who've experienced the transformative power of our work.

